

NURSING SKILLS CHECKLIST

NAME:	DATE:		
Please tick the box that most applies to your current experience. Please remember that you will be held professionally accountable for all information provided.			
	Novice	Competent	Expert
ADMINISTRATIVE ABILITIES			
Dealing with confidentiality			
Report writing			
Recording instructions from MDT			
Observing/recording changes in clients condition			
Cardiac arrest calls			
INTRAVENOUS THERAPY			
I.V. Rate calculations			
Administration of drugs by continuous infusion or bolus			
Administration of drugs by intermittent infusion			
Administration of drugs by direct injection e.g bolus or push			
Heperinization of IV Cannula			
Administration of blood and blood products e.g. plasma			
Infusion pumps			
Syringe drivers			
Central venous catheter			
Central venous pressure readings (cvp)			
Venepuncture (taking blood)			
Arterial lines: setting up for			
Taking a blood sample from			
Removal of			
NEUROLOGICAL			
Neurological observations and assessment			
Care of a patient during and following a seizure			
Care of a confused patient			
Care of a patient with a head injury			
Care of a patient following a cva			
with a spinal cord injury (e.g.quadraplegic/paraplegic)			
following spinal injury (e.g. laminectomy)			
an unconscious patient			
during and after a lumbar puncture			
TOTAL PARENTAL NUTRITION			
(TPA Hyeralimentation)			
Knowledge of solutions			
Care of line			
Dressing change			
GASTROINTESTINAL			
Naso-gastric tube insertion			
Care of naso-gastric tube			
Feeding via a naso-gastric tube			
Care of PEG tubes			
Feeding via PEG tubes			
Care of the patient with abdominal wounds/drains e.g.colostomy			
Care of the patient undergoing abdominal paracentesis			
Care of the patient during and after a liver biopsy			

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ADMINISTRATION OF MEDICINES	Novice	Competent	Expert
Administration of subcutaneous injection (SC);			
Insulin			
Clexane			
Administration of intramuscular (IM):			
IVF: In vitro fertilization			
Administration of enemas and suppositories (Rectal Administration)			
Administration of medication - orally			
RENAL			
Insertion of catheter: Male (with certificate)			
Female			
Catheter Care			
Suprapubic catheter			
Nephrostomy tube			
Bladder lavage and irrigation			
Care of patient with renal transplant: on haemodialysis			
on peritoneal dialysis			
following nephrectomy			
ORTHOPAEDICS			
Care of a patient: in plaster of paris			
with skin traction			
with skeletal traction			
following amputation			
Halo traction			
Crutchfield tongs			
Stryker frame			
Spinal lifts			
Leg rolls			
WOUND CARE			
Changing wound dressing			
Aseptic technique			
Removal of sutures: clips			
staples			
Drain dressings (e.g. keyhole-redivac and closed drainage system)			
Change of vacuum bottle			
Shortening of a drain(e.g. Penrose, Corrugated)			
Removal of drain			
Prevention of pressure sores			
RESPIRATORY			
Oxygen therapy: Nasal Cannula			
Humidified Oxygen/Fisher Paykel			
Face Mask			
Suctioning: oropharyngeal			
endotracheal			
Tracheostomy care: changing a dressing			
suctioning a tracheostomy			
changing a tracheostomy tube			
Management of chest tubes (under water seal drainage)			
Changing drainage tubing and bottles (under water seal)			
Removal of drainage tubes			
Care of ventilated patient .			
Obtaining arterial blood gases			
Interpreting arterial blood gases .			
Assisting with intubation			

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CARDIOVASCULAR	Novice	Competent	Expert
Perform 12 lead electrograms (ECG)			
Cardiac monitoring			
Telemetry			
Interpretation of basic arrhythmias			
Cardiopulmonary resuscitation			
Defibrillation			
Assisting with insertion of a pacemaker			
Aortic balloon pump			
Swans-Ganz catheter			
Care of patient with acute myocardial infarction			
Care of patient with congestive cardiac failure			
Care of patient post cardiac surgery (e.g. coronary vein grafts, aortic valve replacement)			
Care of patient post cardiac catheterisation			
CARDIAC ARREST			
Knowledge of drugs used			
Use of airway and ambu bag			
Cardiac Compressions			
OTHER			
Barrier nursing - infectious/immunosuppressed or MRSA patient			
Care of patient with eye problems			
Pain management			
Use of glucometer			
Use of observation machines (e.g. dinamap, saturation monitor)			
Knowledge of the NMC Code of Professional Conduct			
Knowledge of the NMC guidelines for the administration of medicine			
COMMENTS (any other skills etc)			
SIGNATURE:			